

Reimagining LTSS in TN:

Key Issues & Opportunities

TFA Conference

October 27, 2021

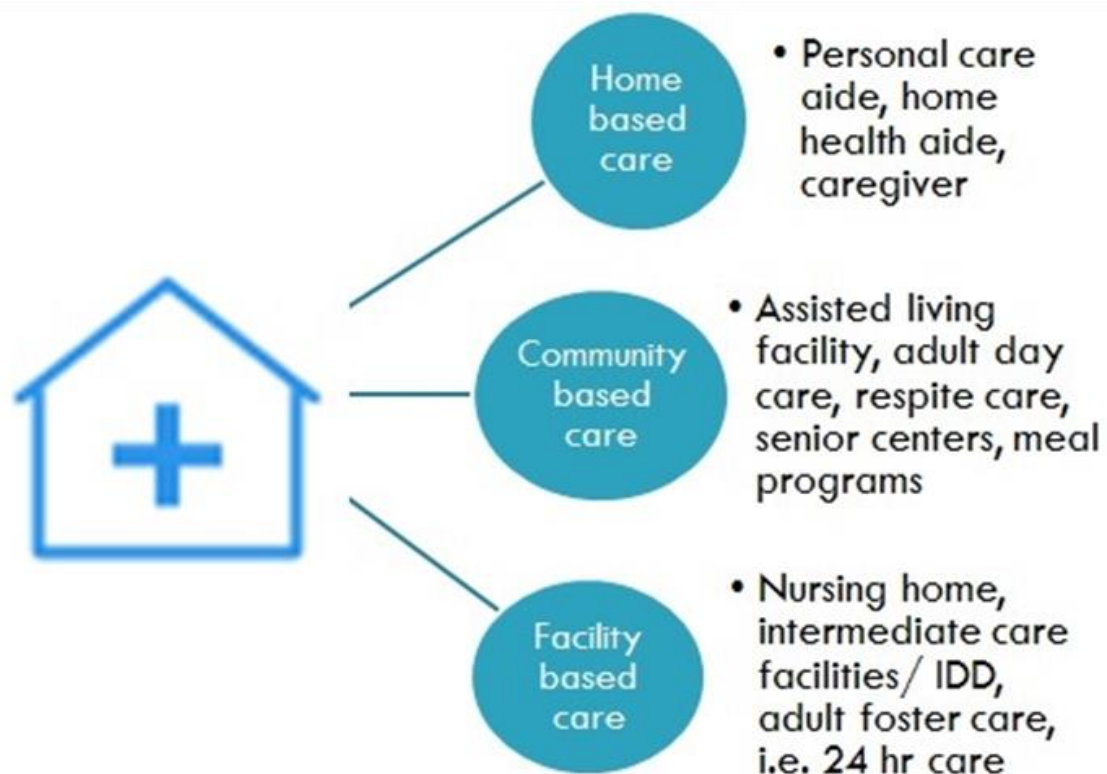
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Welcome

Grace Sutherland Smith, AgeWell Middle TN Ex. Dir. & TCBA Co-chair

- Welcome & Overview TN Coalition for Better Aging
- Purpose of today's presentation & discussion
 - Increase awareness of innovations in other states and advocacy in TN to reimagine LTSS
 - Learn about guiding principles and priority issues identified through stakeholder meetings
 - Identify opportunities for collective advocacy and policy solutions to re-imagine LTSS and home and community based services in TN

What do we mean by LTSS & HCBS?



Reimagining LTSS in TN virtual meetings

Reimagining LTSS in TN - 3 meeting series:

- Build interest & consensus in reimagining LTSS in TN
- Create shared vision with guiding principles
- Develop collective strategies & policy ideas
- Continue working together to improve LTSS in TN

1st Meeting: March 2021

- Defined LTSS as a **wide spectrum of services and supports offered by multiple sectors to enable adults to live and age well** – both home & community based services & long term care in congregate settings
- Learned about national & state trends in LTSS innovation
- Reviewed TN's LTSS system & 2017 Comptroller's report with ideas to prepare for rapid growth in the older population
 - Expand home and community based services
 - Develop & invest in direct care workforce
 - Further develop comprehensive & coordinated system of services
- Created word cloud of important values to guide Reimagining LTSS

Mtg. 1: Innovative State Models

- **Minnesota** #1 in LTSS: private market solutions for middle income families:
 - Low-cost Term Life + LTC hybrid insurance
 - Medicare supplement plans with HCBS
- **Hawaii**: weekly benefit allowance paid to HCBS providers
- **Washington**: 1st state social insurance program for LTSS
 - Up to \$100/day for employed residents; lifetime \$36,500
 - Funded through payroll tax of 0.58%

2nd Meeting – April 2021

- **Guiding Principles for Reimagining LTSS in TN**
 - Personal Choice & Self Determination
 - Affordability
 - Caregiver & Family Support
 - Community & Home Based Care
 - Accessible, Equitable & Inclusive Services
 - Quality of Life & Services

3rd Meeting – May 2021

- Goal: Prioritize Strategies, Policies & Solutions that are rooted in our LTSS guiding principles
- Breakout groups discuss & prioritize strategies:
 - Government & Policy Solutions
 - Public-Private Innovations & Opportunities
 - Strengthening Systems of Care
 - Building Awareness & Catalyzing Action

Pre-Meeting Survey feedback

- Executive Order by Gov. (Calif.)
- Expand Medicaid coverage & TennCare Choices Group 3
- Increase pay for direct care workers & HCBS reimbursement levels
- Additional funding, support & training for family caregivers
- No Wrong Door coordinated service delivery

Why this matters?

Aaron Bradley – Director, East TN Area Agency on Aging & Disability

- By 2030, 1 in 5 Tennesseans will be 65+
- What we have now vs. what families need
- Why we must act now to strengthen our LTSS systems

Why We Must Act Now

- Population trends combined with consumer preferences driving need and demand
- Continuing transformation of the health care system to person-centered care delivery and value-based payment models.
- Validated need for action on file
 - Governor's Task Force on Aging
 - 2017 TN Comptroller's Report on Long Term Care: Trends and Options
 - TN LTSS Ranking of 49th for support of family caregivers year after year
- Pandemic highlighted weaknesses & gaps in current LTC system
- A barrier eliminated - unprecedented federal funding: American Rescue Plan Act + CARES Act

2017...2021: Progress?

- 2017 TN Comptroller's report on Long-Term Care: Trends & Options
 - Expand home and community-based services
 - Develop & invest in direct care workforce
 - Further develop comprehensive & coordinated system of services
- Updated LTC report – expect Spring 2022 release

Guiding Principles for Reimagining LTSS

- Personal Choice & Self Determination
- Affordability
- Caregiver & Family Support
- Community & Home-based Care
- Accessible, Equitable & Inclusive Services
- Quality of Life & Services

Mtg. 3: Prioritize Strategies & Policies

- Goal: Prioritize Strategies, Policies & Solutions that are rooted in our LTSS guiding principles
 - Government & Policy Solutions
 - Public-Private Innovations & Opportunities
 - Strengthening Systems of Care
 - Building Awareness & Catalyzing Action

Mtg. 3: Priority Recommendations

- Advocate for an **Executive Order prioritizing LTSS** for older adults & adults with disabilities – highlight key issues and who's responsible
- Develop **specific recommendations for American Rescue Plan Act \$ for HCBS** & present to TennCare
- **Acknowledge & address the direct care workforce crisis**
 - Expand provider capacity by increasing reimbursement rates
 - Increase financial incentives & pay for direct care workers

Mtg. 3: Priority Recommendations (con.)

- **Enhance support for family caregivers**
 - *TN currently ranks 49th for support of family caregivers (2020 LTSS Scorecard)*
 - Expand DIDD family support program as pilot for CHOICES
 - Support investments to increase respite care and day programs
 - Provide additional equipment, assistive devices and home modifications

- **Invest in HCBS to delay/avoid need for nursing home placement**
 - Restore CHOICES 3 eligibility as cost effective part of continuum of services
 - Offer a diversion program for those not qualifying for CHOICES
 - Extend HCBS to individuals on Options and ECF CHOICES waiting lists

Mtg. 3: Priority Recommendations (con.)

➤ **Strengthen systems capacity**

- Establish a No Wrong Door network of organizations to make it easier for indiv./families
- Provide person-centered care (assessment & planning) training
- Create a person-centered advocate network

Discussion: Needs & Solutions

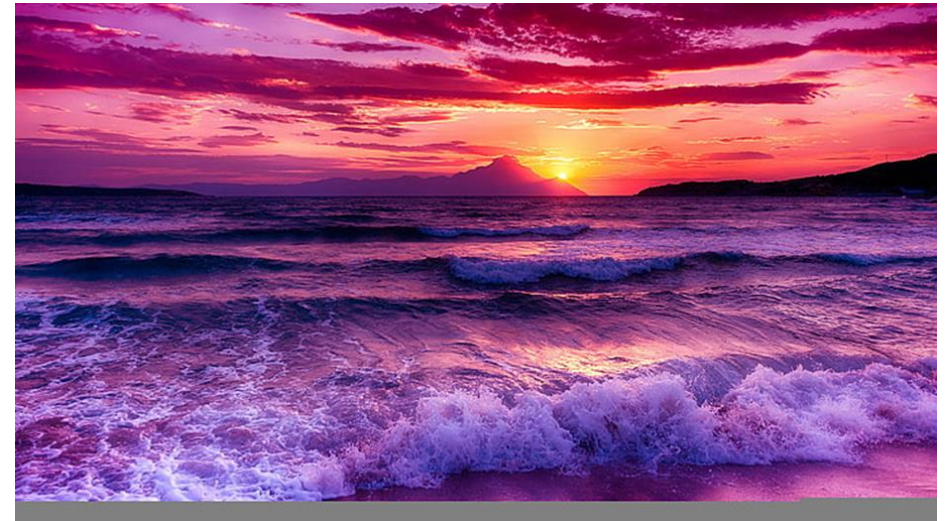
- Other ideas: small residential group homes
- What do you suggest for reimagining LTSS in TN?
- Family caregivers who might share their stories?

Join Us in Reimagining LTSS in TN

Visit www.coalitionforbetteraging.com

Individually we are one drop.
Together we are an ocean.

-Ryunosuke Satoro



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